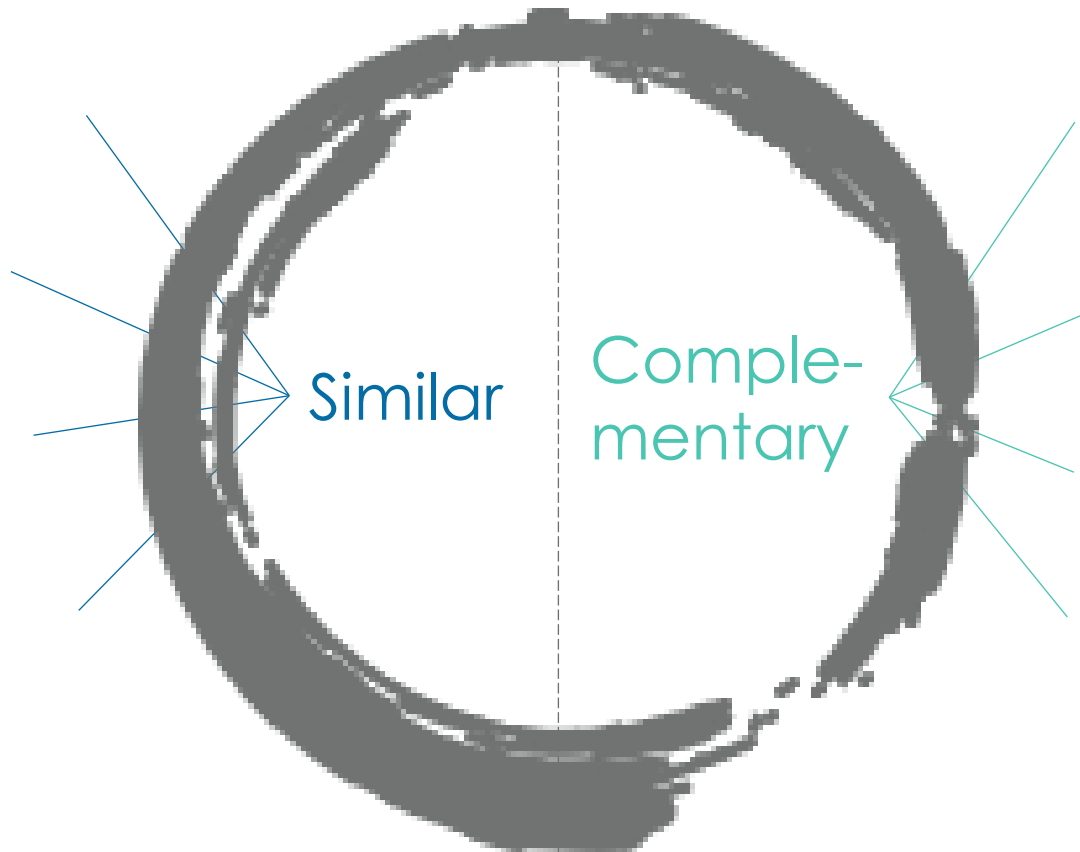


# The circle of trust – Step 1

How to use:

1. Think of someone, who you can easily get lost in conversations with? (add that name to your circle half named 'similar')
2. Think of someone, who is the opposite of yourself or whose skillset you admire? (add that name to your circle half named 'complementary')
3. Who was there for me when I needed support and who is someone I have always been there for?



# The circle of trust – Step 2

How to use:

1. Take the names of your circle of trust (Step 1) and arrange them in the table below. Being intentional, means to check in with two questions:
  - How could he/she support you? and
  - How could you support him/her?
2. Check the article for sample answers.

Potential Ally	How he/she could support you	How you could support him/her

## The circle of trust – Step 3

How to use:

To activate your allies, you may want to consider the following questions:

1. Whose ability do I need?
2. Where has that person proven that ability?
3. If I observe or ask that person 'What would you do?' Will that already help me?

Notes